



The topic in Blue class this term is '**Amazing Me**' and for this half term we will be focusing on the theme '**All About Me**'. Here is a brief outline of what we will be covering and some activities that you could try at home to support your child.

Literacy

Through exploring the stories '**I Like Me!**' by Nancy Carlson and '**From Head to Toe**' by Eric Carle, Blue we will talk about ourselves, our bodies and the things that make us **amazing and unique**. We will enjoy joining in with repeated phrases, learning new vocabulary and sharing our own ideas.

At home: Share stories together, talk about what makes your child special and encourage them to talk about themselves, their body and the things they enjoy.

Mathematics

Through a range of fun, '**Amazing Me**' activities, we will be exploring numbers through **number songs, rhymes and counting games**. We will practise counting, recognising numbers and developing our understanding of number through play.

At home: Sing number songs and rhymes together, practise counting everyday objects and look for numbers around your home and when you are out and about.

PSHE

The children will explore **mental wellbeing and feelings**, learning to recognise and talk about different emotions. We will explore ways to help ourselves feel calm and happy, such as taking deep breaths, having quiet time and talking about how we feel. Children will also learn how to support their friends by being kind, listening and showing care.

At home: Encourage your child to talk about their feelings and practise simple calming activities together, such as deep breathing, cuddles or quiet time.

Discovery Days

Exploring *My Body, My World and My Time* through learning about our bodies, the places we belong to and our local community, while developing creativity through art, music, body percussion, action songs, voice and sound. Children will have opportunities to investigate, create, move and share their ideas through fun, hands-on experiences.



Expressive Art and Design

The children will be exploring **self-portraits** using mirrors and sensory activities to notice and talk about their facial features. We will also create art using hand and footprint printing, while exploring different ways of making marks, shapes and patterns.

At home: Encourage your child to look in a mirror and draw or paint their face. You could also have fun making pictures using handprints, footprints or different mark-making materials.