

The Cedar School

www.cedarschool.co.uk

Communication – Empowerment – Discovery – Aspiration – Resilience

1st April 2022

Dear Parents/Carers,

We are delighted to confirm that your child has a place at our Avon Tyrrell residential this year.

Your child will be attending Monday 13th June to Wednesday 15th June 2022.

Please find attached a **medical form** for you to complete and return to school after the Easter holiday and a **kit list** for you to refer to closer to the time.

All medication for the trip must be in a labelled box/bag with written details naming the medication, the time it should be administered and the correct dosage. Two staff will check and administer medication.

Please use the back of the medical form to write down any details you think may help us with your child's **sleeping arrangements** e.g. do they prefer a light on or off/ do they use a bed guard etc. If your child has a sleep system please can you send a photograph with the system so we can see how it supports your child.

If your child has bed guards please can these also be packed if easily detached from their bed (Avon Tyrrell have 2 sets we can borrow). If your child needs more than 1 pillow please can you send named extras as only 1 is provided.

Avon Lodge has twin rooms and pupils will share with either an adult or a friend overnight. Teachers will decide this and let the children know just before we go.

The pupils will have the opportunity to take part in a range of **activities**, for example abseiling/high ropes, archery and bushcraft. (Please look at the website for further details.) https://www.avontyrrell.org.uk/index.html These are organised and run by trained centre staff, supported by our staff. We will follow pupil risk assessments and centre risk assessments carefully throughout and will listen to your child if they communicate that they are worried or concerned. We will be self-catering and the children will be involved in doing an online shopping order before we go. This will ensure they have the opportunity to express their preferences as well as be involved in the preparation and cooking of their meals.

If you have any queries at this early stage, please don't hesitate to get in touch with your child's class teacher. Many thanks,

Katy Leonard Assistant Headteacher

> The Cedar School is committed to safeguarding and promoting the welfare of our children and young people. It expects all staff, volunteers and visitors to the school to share and embrace this commitment.



Headteacher - Neil Revell Deputy Headteacher - Cesia Moran



Redbridge Lane, Nursling, Southampton, SO16 0XN Tel: 02380 734205 Email: info@cedarschool.co.uk

KIT LIST- Avon Tyrrell 2022

Please find the list below of the **equipment and clothing** your child will need for the trip.

Please can you ensure you label everything clearly with your child's name.

- o Towels (2)
- Toiletries: shower gel, soap, shampoo, toothbrush, toothpaste, flannel/sponge, deodorant, sanitary products etc.
- A warm fleece or coat
- Waterproof/windproof outerwear
- Sun cream/hat
- Jogging bottoms
- o T-shirts
- o Sweatshirts
- Shoes (trainers)/boots
- o Underwear
- o Socks
- Nightwear, including slippers
- Plastic bag for dirty clothes
- Water bottle
- If appropriate:
- o Pads
- o Wipes
- Sling (and shower/wet sling)
- Any relevant creams (labelled please)

** Lastly, please can you provide an **appropriate packed lunch** for your child's first day of the trip.