

OUR AUTUMN ADVENTURE

‘This is Me!’ – Autumn 1 2026

Welcome back, Purple Class families!

This term is going to be full of **fun, exploring, moving, communicating and discovering!** We’ll be learning all about **ourselves, our bodies, our friends and the world around us** through lots of wonderful sensory experiences.

💬 🌟 MY COMMUNICATION

We’re going to have **three exciting communication sessions** each week!

**Sensory Story – Purple Class’s Trip to the Circus**

Step right up!

We’ll explore **sounds, smells, textures and lights** as we go on our very own circus adventure.

**Sensology**

We’ll investigate **sweet smells, bright colours, popcorn and circus sounds** – lots to see, hear, smell and explore!

**Making Choices**

We’ll practise making choices using **each child’s own special way of communicating**, with lots of lovely **Intensive Interaction** too.

🧠 🎨 MY COGNITION

Get ready to **explore, experiment and have fun!**

We’ll enjoy **music, art, messy play, cause and effect, shared attention and free-flow play.**

We’ll be encouraging the children to **be curious, build anticipation and keep trying** the things they enjoy.

In Computing, we’ll make things happen using **touchscreens, keyboards, Soundbeam and interactive sensory-room games!**

👤 🌟 MY BODY

Time to get moving! We’ll explore our bodies through **Sherborne Developmental Movement, dance massage, physio, creative PE, PE and fine-motor activities.**

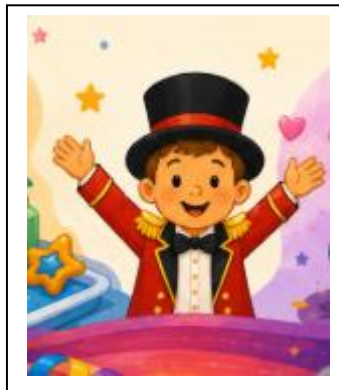
We’ll be learning about **our bodies, personal space and trusting relationships** with the people around us. 💜

James will also lead a weekly PE session focusing on **running, jumping, throwing, catching and stop/start games!**

🐘 🦁 MY COMMUNITY

We’ll be **celebrating festivals** and discovering some of the amazing **animals that were once part of the circus.** 🐘 🦁

We’ll also spend lots of time **playing, communicating and getting to know new members of staff.**



❤️ 😊 PSHE

We’ll continue exploring **relationships and our bodies** through massage, Sherborne Developmental Movement and practising ways to tell an adult **“more” or “finished.”**

🏠 💜 FUN THINGS TO TRY AT HOME!

**Put on some circus music** and swirl ribbons together.

**Explore popcorn or candy floss** – how does it smell? How does it taste?

**Sing Head, Shoulders, Knees and Toes** and explore different body parts.

**Try some gentle massage** and encourage your child to ask for **“more”** in their own way.

📷 WE'D LOVE TO SEE!

Have you tried one of our ideas at home? **Send us a photo!** 💜

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**We can’t wait for all the fun, laughter and sensory adventures ahead!**

**Love from Purple Class**